

Self-Reporting Fitness Form

What is self-reporting?

Self-reporting is providing details about your circumstances due to illness, injury or extenuating circumstances.

Self-Reporting Fitness Form

In the event of an absence due to an illness or injury, you may be required to complete a Self-Reporting Fitness Form. This may be required for an illness or injury either on campus or on practice education placements. In the event of an extensive illness or injury, your program will provide you with a letter for your physician requesting medical clearance indicating you are physically able to resume classroom learning and practice education placements.

How to submit a Self-Reporting Fitness Form

Your program will advise if you need to submit a Self-Reporting Fitness Form. Submit your completed form to your Lead Instructor if the absence was during classroom learning, and to your RTC (PCP)/PEL (ACP) if the absence was during practice education placements.

Self-Reporting Fitness Form

Last Name	
First Name	
Student JIBC ID Number	
Program	
Lead Instructor	
Course/Block/Term	

I was absent due to:

Details of actions taken:

I hereby certify and recognize, through my own assessment, my ability to return to the program in full capacity and to perform all functions expected of me during classroom sessions and practice education placements.

I hereby certify that the information I have given on this form is correct, to the best of my knowledge, and I understand that appropriate staff will have access to the information provided on this form.

Signed: _____ Date: _____